



Eating Healthy on a Budget

WED, NOV 20

11:30 AM- 12:30 PM

REGISTRATION

WELLNESS.AZ.GOV

>CLASSES TAB

DON'T LET THE IDEA THAT HEALTHY FOOD IS EXPENSIVE KEEP YOU FROM STRIVING FOR A BALANCED DIET. TAKE SOME TIME TO LEARN NEW STRATEGIES TO STICK TO YOUR BUDGET WHILE ENJOYING HEALTHY, NUTRITIOUS FOODS.



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