



# Making the Most of Family Occasions

**THUR, OCT 10**

**11:30 AM-12:30 PM**

**REGISTRATION  
WELLNESS.AZ.GOV  
>CLASSES TAB**



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**Earn 25 HIP Points!**

**CREATE LASTING POSITIVE MEMORIES OF YOUR FAMILY OCCASIONS. LEARN THE TRICKS TO MAKE YOUR NEXT FAMILY OCCASION AS STRESS FREE AS POSSIBLE, AND MEANINGFUL TO YOU AND YOUR KIDS.**